





Local Area Group

Quick Look Minutes of the Meeting held on

Thursday 19th February 2020





		Item
1		Welcome Jane and Steve co-chaired the meeting and welcomed everyone. Apologies were given. Ground rules and housekeeping Jane read out the housekeeping and ground rules. Introductions Jodie did an icebreaker to help us know more about each other then everyone introduced themselves.
2.	minutes	Minutes and Action Points of the Last MeetingThe Minutes from the meeting in September 2019 were accepted as correct.

		The Action Points were updated.
3	NHS	North Yorkshire and York Learning Disability Service - Julie Nutbrown
	Tees, Esk and Wear Valleys NHS Foundation Trust	Julie did a presentation and told us that North Yorkshire and York Learning Disability Services are joined together.
		Julie said that she would be happy to attend the future LAG meetings.
4.		Eating well and active living - James Massam
	Feathy Big	James gave a presentation about healthy eating and exercise.
		James told us about the 'Move it and Lose it' programme at the Leisure Centre and is free for all those trying to lose weight.
		If anybody is interested to take part can call 01942 404 799 to find out more about it
5.		Family Carers - Jodie
		Jodie helped us think about how we can tell family carers about our Local Area Group meetings
6.		Co Chair elections – Caroline
	BALLOT BOX	Caroline told us about the Co Chair elections that will happen in June 2020.

		If interested Jodie can help people fill out the application form by the end of May.
		The new Co Chair will chair the LAG meeting in September
7.		North Yorkshire Health Task Group
	North Yorkshire	<u>updates - Caroline</u>
	Health Task Group	All hospitals will now accept health passport from other areas.
		Caroline also told us that Christopher Porter is the new co chair, Mark Hamblin is vice co- chair of NY Health Task Group.
		Contact the Learning Disability Nurse if you
		need to arrange reasonable adjustments in
8.		hospitals.
0.	Self-Advocate	<u>Update on the NY Disability Partnership</u> Board and Self Advocates Forum
	Forum	
		Jodie gave an update.
		 The meeting rules are being updated We talked about safeguarding. We talked about NY Safe places We talked about the celebration day in November
		There have been some suggestions about things to take to the next Partnership Board meeting:
	Autor Vorkango Balanter, Partier and	 Difficulty of getting people to come to LAG meetings
		 Suggest more guest speaker presentation like the one about Wellbeing today.

9.	End of meeting Steve and Jane has thanked everybody for coming.
10.	Our next meeting will be on 17 th June 2020 in Selby Town Hall, York Street, Selby, YO8 4AJ.

People who came to our meeting today:

Caroline	NYCC, Participation and
Ferguson	Engagement Officer
V	
Steve Burke	Learning Disabilities Manager
Jodie Sarfraz	Keyring
Henry Spence	Self advocate
Samuel Sellers	Self advocate
Jane Miles	Self advocate
Julie Nutbrown	Team Manager Community LD
	Team York
James Massam	Inspiring Healthy Lifestyles, Selby
	Leisure Centre
Jess Marshall	Public Health, NYCC
Tilly Skeels	Service Development Officer,
	NYCC
Csilla Sipos	Business Support Administrator
•	,NYCC
Apologies:	
Tracy Welford	Mencap
Nick Bones	(Learning Disability Employment
	Adviser) from the Job Centre
	DWP